Justice for Elsa and others like her

Office works to get stability for Arkansas trafficking victim

Every year millions of men, women and children are trafficked for sexual or labor exploitation worldwide, including in the United States.

Her traffickers made sure that she had no telephone, no car and was always far away from the closest city so she could not escape.

Although the agency promised her a generous salary, Elsa was immediately trafficked for the purpose of labor to multiple cities and states. Instead of the salary she was promised, the traffickers would charge her for transportation, a commission for the employment agency and other invented costs so that she would owe her traffickers money just to be able to work.

To repay those fees she was forced to work in very dangerous conditions, without proper breaks for up to 18 hours a day.

Although they did provide her housing, the conditions were horrendous. She lived in rooms that were no bigger than a closet and slept on old mattresses on the floor. She was forced to live in homes with many men she didn’t know who did drugs, harassed and threatened her and physically attacked her.

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At one point, a worker threw hot oil on her because he was drunk, and at another place one of the owners often threatened to slit her throat. For seven years, Elsa lived in constant fear of her traffickers and believed that they would kill her if she tried to escape. Elsa’s trafficking nightmare finally ended in 2012 when multiple law enforcement agencies conducted a raid on the restaurant she had been transferred to in Arkansas.

Catholic Immigration Services-Little Rock became involved when law enforcement officers contacted the agency.

For more information call (501) 664-0340.

FOR MORE INFORMATION
Catholic Charities of Arkansas
2415 N. Tyler St.
Little Rock, AR 72207
(501) 664-0340
www.dor.org

CATHOLIC CHARITIES’ MISSION STATEMENT
The mission of Catholic Charities of Arkansas of the Diocese of Little Rock is rooted in the challenge of the Gospel: To serve persons who are poor or marginalized; to advocate on behalf of the most vulnerable; and to actively promote charity, justice, and the sanctity of life in the Church and the community.

Charity is not only for formal aid organizations

When last I wrote, I used a catchy phrase in the title which would resonate: “Every parish is a Catholic charity.” The intent was to demonstrate that Catholic Charities of Arkansas did not have a monopoly on the charity business in the diocese and that the most productive work could be done and is accomplished by the individual parishes. In any event, the idea for the phrase is not mine, it was borrowed.

Last year, Pope Benedict XVI issued a motu proprio, a letter giving guidance to the bishops on the administration of charitable activities throughout the Church. It covered many important issues, one of which was to point out how important it is for charity action to take place in the parish:

“The bishop is to encourage in every parish ... the creation of a local caritas (Catholic charity) service, which will also promote in the whole community educational activities aimed at fostering a spirit of sharing and authentic charity.”

Parishes throughout our diocese take this responsibility as a mission in their communities. Parishes reach out based on their own capabilities and circumstances. Many rely on the efforts of a dedicated core of volunteers and employees to perform essential tasks, while other parishes see large numbers of volunteers engage in broad initiatives across the community. The important point is that each parish participates based on the gifts God has given.

Two parishes in particular have started activities to help their communities. St. Peter Church in Pine Bluff and St. Augustine Church in North Little Rock each have begun a program to help feed those in need.

During the week before All Souls Day, the U.S. Department of Agriculture announced cuts to the Supplemental Nutrition Assistance Program which means that those families who have begun to rely on government handouts will not get as much help as they have been used to. If you’d like to help, you can reach out to Catholic Charities of Arkansas.

AT A GLANCE
Catholic Charities of Arkansas serves

- Adoption Services: Birth parent services, adoptive family services and search and reunion
- Immigration in Northwest Arkansas: Family-based legal assistance, domestic violence and crime victims services, refugee resettlement, employer training, education and advocacy
- Immigration in Little Rock: Family-based legal assistance, domestic violence and crime victims services, supporting survivors, legal assistance for foreign national priests, legal assistance with applications for DACA, education and advocacy
- Parish social ministries: Parish-based ministry development, disaster recovery parish-based teams, emergency assistance
- Social Action: Prison ministry, Catholic Campaign for Human Development, legislative advocacy, alcohol and drug, Catholic Charities Summer Institute
- Westside Free Medical Clinic: Medical and dermatology clinics for uninsured adults, outreach and community education
- Development: Grants management, Bishop McDonald-Catholic Charities Golf Classic, Catholic Relief Services Rice Bowl and St. Nicholas Partners

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BRIEFS

The Rice Bowl collection is the largest single source of funding for Catholic Charities’ Emergency Assistance program. The program provides limited short-term help on a case-by-case basis for urgent expenses like prescriptions, utilities, medical bills and emergency transportation.

This year, the Diocese of Little Rock is asking that all parish and school Rice Bowl donations be sent directly to CRS rather than to Catholic Charities or the diocesan Finance Office. It is the first time that the collection has been handled this way.

The diocese still will receive its usual 25 percent share of the collection, as CRS uses ZIP codes to determine from which diocese the money is sent.

Catholic Charities uses the 25 percent of the Rice Bowl collection to fund the Emergency Assistance Program. It is the largest single funding source to be used for that purpose. The Emergency Assistance Program provides limited financial help on a case-by-case basis to people unable to meet basic living needs. Types of assistance provided include prescriptions, utilities, medical bills and emergency transportation.

In October, Elsa finally received justice when her T-Visa was approved and her first thought was to thank God for all that he had done for her and that she knows it was his blessing that brought her to the immigration office.

Christmas, my child, is love in action

— Dale Evans Rogers

There are many who need our “love in action” this holiday season. Please help them by becoming a St. Nicholas Partner and supporting Catholic Charities. Complete the form below and mail with your check payable to “Catholic Charities” to:

St. Nicholas Partners
Catholic Charities of Arkansas
2500 N. Tyler St.
Little Rock AR 72207

More information? Visit www.dolr.org or call (501) 664-0340, ext. 355

Yes! I want to be a St. Nicholas Partner. Please use my donation for...

$_______ Adoption Services
$_______ Emergency Assistance

$_______ Immigration Services
$_______ Services to Victims of Domestic Violence

$_______ Prison Ministry
$_______ Westside Free Medical Clinic

$_______ Refugee Resettlement
$_______ Where Most Needed

Name __________________
Street Address __________________
City, State, Zip __________________
Phone (_________) __________________
E-mail __________________
Local CCHD grants help Arkansans pick themselves up

Arkansas has numerous town squares, or “zócalos” in Spanish, where people connect, share ideas and build community. The El Zócalo Immigrant Resource Center in Little Rock connects directly with immigrants, providing case management services ranging from health care to job searches and navigating the often-complicated bureaucracy that all of us face every day.

The grassroots organization, incorporated last year as a non-profit, is working on securing its own permanent place for clients to come for help.

El Zócalo received much-needed assistance this summer when St. Edward Church in Little Rock opened its youth ministry office for seven weeks as the organization’s first physical space. The center operated four hours a day, four days per week.

That’s where a $2,000 grant from the Catholic Campaign for Human Development at Catholic Charities of Arkansas provided relief. The grant provided modest stipends to volunteers and covered emergency expenses for families.

“Our volunteers helped people with their challenges and we had educational/resource materials, clothing and food donations on hand,” said Sara Mullally, El Zócalo director.

Mullally is a full-time Spanish teacher for 1,000 elementary students in the North Little Rock School District. A Jonesboro native, she graduated in 2009 from the University of Central Arkansas with degrees in international studies and Spanish.

She spent two years as a full-time volunteer at a shelter for immigrants in the Diocese of Austin, Texas, helping asylum seekers navigate immigration court and she assisted immigrants who found themselves homeless or in a medical crisis.

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Her “passion” is to grow these services in Arkansas.

“Our goal is to help immigrants be self-sufficient, but if there’s a crisis, they can come to us for help,” she said.

The center’s first clients this summer were a couple with five children who lost their home in an Oklahoma tornado and wound up in Little Rock, where they knew no one.

“Through our network of people, churches and service providers, we connected the family to more than $1,000 in rent and emergency assistance,” Mullally said. “The family is stable now and the kids are in school.”

In another example, El Zócalo helped a St. Edward’s family navigate the frustrating process of multiple bills from different health care providers, saving them money in the end. The grant allowed El Zócalo to provide support for families in need.

Crisis pregnancy center helps mothers with food, diapers, clothes and more

S

ince 1976, women in the greater Little Rock area have had a place to go for help in dealing with life or death issues: Birthright, an interdenominational pregnancy counseling agency. Under Executive Director Marisa Olson and dedicated volunteers, Birthright provides “love, support and hope” to women who may be in an unplanned or unwanted pregnancy.

A Catholic Campaign for Human Development grant recipient this year, Birthright is a community resource that provides confidential, free pregnancy testing and counseling (for individuals and their families), maternity and infant clothing, lodging referrals and adoption information.

Volunteers and private contributions are Birthright’s primary means of support. That’s where the $2,000 grant, administered by Catholic Charities of Arkansas, comes in handy.

“We use grants like this to help mothers and their babies with food, diapers, clothes and sometimes for utilities or rent,” said Olson, who has headed the local chapter of the international organization for the past 10 years.

She has been active in the pro-life movement since 1982.

Birthright of Greater Little Rock has touched thousands of lives in the last 37 years. Here’s one recent example from Olson: “A young lady came in weeping and saying her husband kicked her out of the home for not getting an abortion,” she said. “We were able to comfort her and walk through her pregnancy with her. She came in weekly for prayer. She now has a little angel (born July 5) and is blessed. This is just one of many. Some come in saying they want to end their lives. ... We are so honored to be a haven of rescue even from depression.”

Birthright was founded more than 45 years ago and has chapters in the United States, Canada and Africa. The center operates a 24/7 toll-free helpline at (800) 550-4900. The local number is (501) 664-0097.

Charity

Continued from page 7

Program (formerly called food stamps). For a family of four, the cuts meant a reduction of $9 per week, about the cost of a single family meal.

For the past several months, St. Peter and St. Augustine parishes have been developing, independently, food outreach programs to meet the weekend needs of the hungry in their own neighborhoods. Neither was aware of the plans of the USDA. Whether fortuitously, or by divine intervention, each parish developed plans to offer a weekend meal to fill the gap created by the SNAP cut.

On Nov. 2, St. Peter Church parishioners began their Saturday lunch program, inviting members of the community for a meal. On Nov. 3, St. Augustine Church parishioners initiated its Shepherd’s Soup after their 11 a.m. Mass, inviting the community to share soup.

Both programs, to quote St. Augustine’s Father Francis Damoah, SVD, show that “God puts us here to serve those who are hungry. We are not serving ordinary human beings, but God’s children.”

These and similar acts of charity are repeated in our diocese every day in parishes across the state. Keep reaching out, working together and helping as many as possible.

Catholic Charities of Arkansas

Catholic Charities director Patrick Gallagher (right) visits with pastor Father Francis Damoah, SVD, in North Little Rock Nov. 3.

Immigrants find help navigating a new, unfamiliar home

The El Zócalo Immigrant Resource Center helped a couple and their five children this summer who lost their home during a tornado in Oklahoma and relocated to Little Rock.

Local CCHD grants help Arkansans pick themselves up

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How will Affordable Care Act affect free medical clinic?

Impact is unknown, but clinics will be open to meet needs

By Karen DiPippa
Director, Westside Free Medical Clinic

We have had many questions about the impact the Affordable Care Act will have on the Westside Free Medical Clinic in Little Rock.

Our first answer is that we don’t really know exactly how things will play out. We do know that the Westside Free Medical Clinic and most of the charitable clinics in the state will remain open as long as there are unmet health needs.

The second answer is multifaceted. Many of our patients will qualify for expanded care in the marketplace and qualify for federal subsidies and will receive the same level and perhaps more extensive care than the current Medicaid patients receive. This is a good thing.

However, there are several aspects to the proposed care for persons whose incomes are out of range for the subsidy, yet are still without affordable coverage. There are three main plans of care: bronze, silver and gold. An additional platinum level is available but is the most expensive of the tiers. For persons or families who choose a “bronze” or “silver” plan, persons will have to accumulate $2,500 (silver plan) to $5,000 (bronze plan) in health care costs before the insurance will help with the exception of preventative care, which does not require a deductible to be met and is 100 percent covered. However, for basic family practice and disease management, these deductibles are not possible for many persons. They will still need basic health care coverage, and we will be there for them. Our clinic will need to allow more insured or underinsured persons in the clinic.

Our immigrant population is not eligible for coverage since the coverage will not be available for persons without legal residency.

Furthermore, the coverage may not be accessible for persons waiting on their documentation for residency or for children who were brought to this country as infants.

With health care as one of the basic tenets of Catholic social teaching, we will also be there for our immigrants. Our clinic’s goal will be to retain and increase our volunteer interpreters and recruit additional bilingual providers.

Keep in mind the purpose of the coverage and expansion is to give more uninsured persons access to medical care. As with many new systems, there are glitches to iron out. The technology glitch in the sign-up site could have been averted with a single payer system. It is the complexity of the bill involving the numerous insurance contactors that have complicated the process. However, single payer health insurance is a remedy that is a long way down the road and not on the table in this debate.

Unlike the national site, our state has been more successful in getting persons enrolled. More than 58,000 persons have been enrolled in Arkansas. Even so, there will be a lapse between enrollment and the beginning of the coverage so this is not a foolproof system while people sign up.

Patients are often reluctant to try anything that involves paperwork so I anticipate people will not enroll as readily as the planners projected. We need to remember that Medicare D took a long time to enroll members and its glitches were just as cumbersome in the execution of the plans as the new marketplace process is at this time.

After enrollment, life events happen like the loss of a job, a new family member, an accident or health issues that temporarily affect one’s insurance status. Westside will be there in this interim.

Lastly, our health costs are spiraling out of control. Now is the time to begin work on stage two — cost control — to ensure feasible health care for all of us: the insured, the newly insured and the hoping-to-be-insured. We will promote coverage first and then work on cost control to ensure the lowest cost for all of us.

For charitable clinics, we will be open to fill in the gaps as long as we are still needed.

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Grants break down application fee barrier to young dreams

Little Rock church aiding young adults who qualify for DACA but can’t afford $465 fee

Through Catholic Immigration Services grants, some young immigrants are making their dreams come true.

On June 15, 2012, President Barack Obama announced a new initiative to allow some young people to remain in the United States provided that they meet certain criteria.

In order to qualify for the “Deferred Action for Childhood Arrivals” (DACA) program, applicants must meet certain requirements, including being between the ages of 15 and 30, be in school, graduated from high school or obtained a GED, came to the United States prior to age 16, have been continuously residing in the United States since at least June 15, 2007, and must pass a criminal background check.

DACA does not confer lawful status upon an individual or provide a path toward citizenship. Instead, it simply allows certain qualified individuals who meet strict standards to receive a work permit and remain in the U.S. for as long as the program is in effect.

Catholic Immigration Services – Little Rock provides high-quality, low-cost immigration legal services and support to families and individuals who are eligible for immigration benefits, but who otherwise are unable to afford private representation because of the high cost. Its mission is to aid people in clarifying their legal status in the United States, and thereby to alleviate the related problems of family separation, economic victimization and social isolation.

The announcement of the DACA program provided the Little Rock office with an opportunity to help some of the estimated 5,000 young people who have grown up in Arkansas and may be eligible for DACA.

Director Maricella Garcia said, “We soon came to realize that there were many challenges for young people who apply for DACA — the most difficult being the cost of applying. Although CIS provides its services at low or no fee, the U.S. government set an application fee of $465 a person and there are no fee waivers. Many families could only apply for one child and their other children would have to wait to apply.”

Through grants from Catholic Legal Immigration Network and the King Church in Little Rock, CIS has been able to assist some low-income families with the application fee. Seven young people have received fee assistance so far, and of those, two have already received their work permits.

The goal of DACA is to help otherwise qualified young people be able to work, go to college and give back to their communities. “Our students who have received fee assistance have very specific goals — one wants to become an elementary school teacher, another a pediatrician, and yet another, a social worker,” Garcia said. “These young people want to help give back to the communities that they have grown up in and the country that they love. And they are extremely grateful for the opportunity to have received assistance from these organizations to help them achieve their dreams.”

One student stated, “Without this scholarship we could not afford to apply but with your help DACA will change my life because I will be able to help support my family and go to college to improve my opportunities.”

To inquire if you qualify for DACA and the grant, contact Catholic Immigration Services at (501) 664-0340.

Young immigrants and their supporters gather for Mass at the Our Lady of Guadalupe Shrine in Des Plaines, Ill., in July 2012. During the service they gave thanks for the White House policy that aims to halt the deportation of undocumented young people brought into the United States as minors.

Thoughtful words spread healthy attitudes about adoption

National Adoption Month a good time to think about it

By Rebecca Jones
Child Placement Specialist

November is National Adoption Month and we are committed to reaching out in Arkansas with a supportive message for adoption.

Catholic Adoption Services is joining with Arkansas Right to Life who is partnering with numerous agencies across the state to fund television ads through the Choose Life Adoption License Plate Grant. We hope these commercials will encourage positive dialogue in our state about adoption as a resource for creating healthy, happy families.

We never know all the circumstances that affect the people around us. Every day we enter the world to accomplish our daily activities like work, church, or social events, and we often cross the paths of people who have been touched by adoption. Many of your conversations could potentially be with an adoptee, birth parent or adoptive parent — and an opportunity for you to be supportive of adoption.

We always encourage our clients to be careful with their words when they meet potential birthparents or adoptive parents, but it is some-thing we could all consider. There are many instances where changing a single word in a sentence can make a world of difference to the person hearing it.

For example, when we call a birthparent the “real” parent, that can be hurtful to an adoptive parent who is and feels like a very “real” parent to their child.

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When we say a child was the result of an “unwanted” pregnancy, one could instead use the word “unplanned.” A child is a precious gift. While a mother may not have planned for that child and may be unable to care for him or her, the child is loved.

Join us in celebrating National Adoption Month and in promoting healthy ideas and attitudes about adoption in our community.
By Rebecca Cargile
Development and Social Ministry Director

Each year I write a short piece on St. Nicholas Partners for November’s Catholic Charities Connections section of Arkansas Catholic. Each year I use phrases such as “help raise funds to support our programs” or “provide direct assistance to those in need.”

Now I wonder if I have written them so often that I still bother to think about what they imply. Do I feel connected to what I say? Do I try too hard to put things deliberately? Is something lacking?

I decided that something is lacking. What is lacking is a straightforward reminder of exactly how many people in Arkansas are poor. Why is Catholic Charities needed? Look at these Arkansas statistics taken from Poverty USA.

- State Ranking: 4
- Overall Poverty Rate: 19.5 percent
- Deep Poverty Rate (an income of 50 percent or less of the federal poverty level): 7.9 percent
- Child Poverty Rate (under 17): 28.1 percent
- Senior Poverty Rate (65 and older): 10.5 percent
- Poverty Rate for People with Disabilities: 24.8 percent
- Poverty Rate for Lee County: 35.2 percent

More than one quarter of the children in Arkansas live in poverty. Do we need a greater call to action?

Since 2006, Catholic Charities has used St. Nicholas Partners to raise approximately $90,000 to help people who are poor. We continue the tradition this year.

In the Nov. 30 issue of Arkansas Catholic, there will be an envelope containing this year’s St. Nicholas Partners card. There is also a small donation envelope that lists the programs of Catholic Charities. These are the programs that have direct, personal contact with the people they serve. I emphasize this because not only should we care for the poor, we should do so with love and compassion, recognizing the human dignity of each person and treating each with the respect that should be shown to any child of God.

Christmas is here and, again, I ask you to please make a donation to St. Nicholas Partners. As always, your donation can be given in the name of a friend or family member you wish to honor. At your request, we will happily send them an acknowledgement of your gift.

I know the reason for the season is Jesus’ birth. Still, I look forward to parties, gratuitous shopping, family feasts, and to giving gifts. I think most people do. Looking at the statistics above makes me realize that there are possibly 575,080 people who won’t get to do most of those things. It also indicates to me that there are possibly 575,080 people to whom I am not listening enough, about whom I am not thinking enough, and from whom I am not learning enough.

Thanks to Katherine Verdis, a junior at Mount St. Mary Academy, for creating and contributing artwork for St. Nicholas Partners. Several aspects of St. Nicholas’ life inspired her beautiful depiction, such as his role as patron saint of sailors. The striking colors (cut paper) and the unexpected choice of symbols to represent the saint are refreshing. Katherine quoted C.S. Lewis: “Art has no survival value; rather it is one of those things that give value to survival.”

Toys for Christmas Needed
New toys for babies and children up to age 10: Balls, board games, dolls, hair accessories, crafts, head, books, building blocks, bicycles.

Christ the King Bookstore
Family Life Center
4000 N. Rodney Parham Rd.
Little Rock • (501) 228-0917

Books • Rosaries • Gifts
M-F 9-3, Sun. 9-noon

The Helping Hand
of Greater Little Rock • Mon.-Thurs. 9 a.m. - 1 p.m.
501-372-4388 • Cash donations welcome

Scott Emmerling
Painting & Remodeling
Interior • Exterior
Affordable • Reliable
(501) 912-9650
scott.emmerling@att.net

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New toys for babies and children up to age 10: Balls, board games, dolls, hair accessories, crafts, head, books, building blocks, bicycles.

Hear two NEW Christmas Songs
by Bennie Galla
In your web browser, visit www.YouTube.com.
Type into search box: “tunesbybennie”
Free! Listen to:
• ‘Santa’
• ‘Santa’s Got Daddy’s Boots On’

Hummingbird Hill Solar
Systems, Sales, Installation of
residential and small business solar. All American-
made, at wholesale prices in Mountain Home, Ark.
870-425-5046
www.SolarOfArkansas.com

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