CCHD grants help people in Arkansas ...9 Free clinic still needed despite insurance expansion . . . . . . . 10

CATHOLIC CHARITIES nec()10ns SUPPLEMENT TO ARKANSAS CATHOLIC • CATHOLIC CHARITIES OF ARKANSAS • 2415 N. TYLER ST. • LITTLE ROCK, ARKANSAS 72207 • NOVEMBER 23, 2013

#### AT A GLANCE **Catholic Charities** of Arkansas serves

■ Adoption Services: Birth parent services, adoptive family services and search and reunion

■ Immigration in Northwest Arkansas: Family-based legal assistance, domestic violence and crime victims services, refugee resettlement, employer training, education and advocacy

■ Immigration in Little Rock: Family-based legal assistance, domestic violence and crime victims services, supporting survivors, legal assistance for foreign national priests, legal assistance with applications for DACA, education and advocacy

Parish social ministries: Parish-based ministry development, disaster recovery parish-based teams, emergency assistance

Social Action: Prison ministry, Catholic Campaign for Human Development, legislative advocacy, alcohol and drug, Catholic Charities Summer Institute

■ Westside Free Medical Clinic: Medical and dermatology clinics for noninsured adults, outreach and community education

**Development:** Grants management, Bishop McDonald-Catholic Charities Golf Classic, Catholic Relief Services Rice Bowl and St. **Nicholas Partners** 

#### FOR MORE INFORMATION

Catholic Charities of Arkansas 2415 N. Tyler St. Little Rock, AR 72207 (501) 664-0340 www.dolr.org

#### CATHOLIC CHARITIES' **MISSION STATEMENT**

The mission of Catholic Charities of Arkansas of the Diocese of Little Rock is rooted in the challenge of the Gospel: To serve persons who are poor or marginalized; to advocate on behalf of the most vulnerable; and to actively promote charity, justice, and the sanctity of life in the Church and the community.

# Justice for Elsa and others like her

Office works to get stability for Arkansas trafficking victim

very year millions of men, women and children are trafficked for sexual or labor exploitation worldwide, including the United States. "Elsa" (not her real name) is one such victim who was exploited for labor in Arkansas.

After fleeing an abusive marriage, Elsa was put in touch with an employment agency for what sounded like a dream come true. The agency was recruiting workers for restaurants that would provide excellent pay and benefits, including meals and housing. Her dream, though, quickly became a nightmare.

Although the agency promised her a generous salary, Elsa was immediately trafficked for the purpose of labor to multiple cities and states. Instead of the salary she was promised, the traffickers would charge her for transportation, a commission for the employment agency and other invented costs so that she would owe her traffickers money just to be able to work.

To repay those fees she was forced to work in very dangerous conditions, without proper breaks for up to 18 hours a day.

Although they did provide her housing, the conditions were horrid. She lived in rooms that were no bigger than a closet and slept on old mattresses on the floor. She was forced to live in homes with many men she didn't know who

Jesse Therrien / stock.xchng

Every year millions of men, women and children are trafficked for sexual or labor exploitation worldwide, including in the United States.

Her traffickers made sure that she had no telephone, no car and was always far away from the closest city so she could not escape.

did drugs, harassed and threatened her and physically attacked her.

Her traffickers made sure that she had no telephone, no car and was always far away from the closest city so she could not escape.

At one point, a worker threw hot oil on her because he was drunk, and at another place one of the owners often threatened to slit her throat. For seven years, Elsa lived in constant fear of her traffickers and believed that they would kill her if she tried to escape. Elsa's trafficking nightmare finally ended in 2012 when multiple law enforcement agencies conducted a raid on the restaurant she had been transferred to in Arkansas.

Catholic Immigration Services-Little Rock became involved when enforcement officers conlaw

See Trafficked page 8

## Charity is not only for formal aid organizations

a catchy phrase in the hope it

From the Director

Patrick Gallaher

would resonate: "Every parish is a Catholic charity." The intent was to demonstrate that Catholic Charities of Arkansas did not have a monopoly on the charity business in the diocese and that the most productive work could be done and is accomplished by the individual parishes. In any

hen last I wrote, I used event, the idea for the phrase is not mine, it was borrowed. Last year, Pope

Benedict XVI issued a motu proprio, a letter giving guidance to the bishops on the administration of charitable activities throughout the Church. It covered many important issues, one of which was to point out how important it is for charity action to take place in the parish:

'The bishop is to

encourage in every parish ... the creation of a local caritas (Catholic charity) service, which will also promote in the whole community educational activities aimed at fostering a spirit of sharing and authentic charity."

Parishes throughout our diocese take this responsibility as a mission in their communities. Parishes reach out based on their own capabilities and circumstances. Many rely on the efforts of a dedicated core of volunteers and employees to perform essential tasks, while other parishes see large numbers of volunteers engage in broad initiatives across the community. The important point is that each parish participates based on the gifts God has given.

Two parishes in particular have started activities to help their communities. St. Peter Church in Pine Bluff and St. Augustine Church in North Little Rock each have begun a program to help feed those in need.

During the week before All Souls Day, the U.S. Department of Agriculture announced cuts to the Supplemental Nutrition Assistance

immigration services for immigrant victims of domestic violence,

sexual assault, dating violence

and stalking through a Legal As-

sistance for Victims grant from the

federal Office on Violence Against

was able to file 101 petitions on

behalf of immigrant victims and

their families who have suffered

domestic violence, sexual assault,

human trafficking or other violent

crimes. Of those, 43 have been ap-

proved while the others remain

provide direct financial assistance

for clients through this program

and as a victim of trafficking Elsa

needed much more than just legal

services," director Maricella Garcia

than \$100 per month and Catho-

lic Charities of Arkansas through

a generous donation from St. Jo-

seph Church in Conway has been

able to pay for her medication

for the past six months," she said.

"Donations to our program go to

provide these types of direct, per-

sonal, necessary assistance to the

victims we serve."

"Her medication costs more

"However, we are not able to

Over the past fiscal year, CIS

Women.

pending.

said.

#### GRANT

The Diocese of Little Rock was recently awarded a small grant from Catholic Relief Services as part of their Diocesan Capacity Building Strategy for Global Solidarity.

For the next three years, Catholic Charities will intentionally focus on increasing the diocese's capacity to engage more people in the social mission of the Church, especially global solidarity.

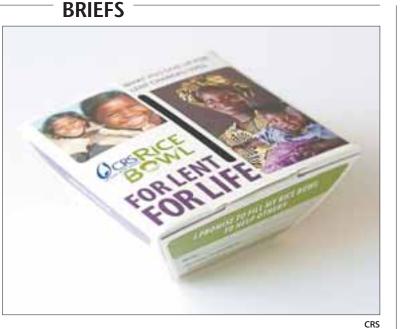
CRS hopes to help the Diocese of Little Rock create structures that will sustain the work for the long term. Part of this involves finding, recruiting and forming leaders to participate in this ministry.

If you are interested in promoting global solidarity and working with the diocese's Capacity Building Strategy, contact Rebecca Cargile at (501) 664-0340 ext. 355.

#### **RICE BOWL**

Catholic Relief Services will be sending a special mailing to all parishes and schools for Lent 2014 that will help them efficiently return donations of participants and successfully conclude their Rice Bowl experience.

This "collection mailing" will include a poster to advertise collection information, helpful tips for collecting Rice Bowls and a return envelope. The mailing will be sent in mid-March 2014.



**The Rice Bowl** collection is the largest single source of funding for Catholic Charities' Emergency Assistance program. The program provides limited short-term help on a case-by-case basis for urgent expenses like prescriptions, utilities, medical bills and emergency transportation.

This year, the Diocese of Little Rock is asking that all parish and school Rice Bowl donations be sent directly to CRS rather than to Catholic Charities or the diocesan Finance Office. It is the first time that the collection has been handled this way.

The diocese still will receive its usual 25 percent share of the collection, as CRS uses ZIP codes to determine from which diocese the money is sent. Catholic Charities uses the 25 percent of the Rice Bowl collection to fund the Emergency Assistance Program. It is the largest single funding source to be used for that purpose. The Emergency Assistance Program provides limited financial help on a caseby-case basis to people unable to meet basic living needs. Types of assistance provided include prescriptions, utilities, medical bills and emergency transportation.

## Trafficked

#### Continued from page 7

tacted the office to see if they could help Elsa. CIS helped Elsa apply for a T-Visa, which is available for victims of a severe form of trafficking; it protects victims of human trafficking and allows them to remain in the United States to assist in an investigation or prosecution of human traffickers.

Soon after Elsa was saved from her trafficking situation, she faced another nightmare when she was diagnosed with breast cancer and had to have a double mastectomy. She continues to require treatment and takes daily medication.

However, Elsa hasn't let these tragedies dim her spirit. In fact, she has said many times that she leaves everything in God's hands because it is only with the help of God that she is still here.

In October, Elsa finally received justice when her T-Visa was approved and her first thought was to thank God for all that he had done for her and that she knows it was his blessing that brought her to the immigration office.

CIS is able to provide free legal

In October, Elsa finally received justice when her T-Visa was approved and her first thought was to thank God for all that he had done for her and that she knows it was his blessing that brought her to the immigration office.



# Local CCHD grants help Arkansans pick themselves up



**Marisa Olson, executive** director of Birthright of Greater Little Rock, shows baby clothes donated to the crisis pregnancy help center.

### Crisis pregnancy center helps mothers with food, diapers, clothes and more

S ince 1976, women in the greater Little Rock area have had a place to go for help in dealing with life or death issues: Birthright, an interdenominational pregnancy counseling agency.

Under Executive Director Marisa Olson and dedicated volunteers, Birthright provides "love, support and hope" to women who may be in an unplanned or unwanted pregnancy.

A Catholic Campaign for Human Development grant recipient this year, Birthright is a community resource that provides confidential, free pregnancy testing and counseling (for individuals and their families), maternity and infant clothing, lodging referrals and adoption information.

Volunteers and private contributions are Birthright's primary means of support. That's where the \$2,000 grant, administered by Catholic Charities of Arkansas, comes in handy.

"We use grants like this to help mothers and their babies with food, diapers, clothes and sometimes for utilities or rent," said Olson, who has headed the local chapter of the international organization for the past 10 years.

She has been active in the prolife movement since 1982.

Birthright of Greater Little Rock has touched thousands of lives in the last 37 years. Here's one recent example from Olson:

"A young lady came in weeping and saying her husband kicked her out of the home for not getting an abortion," she said. "We were able to comfort her and walk through her pregnancy with her. She came in weekly for prayer. She now has a little angel (born July 5) and is blessed. This is just one of many. Some come in saying they want to end their lives. ... We are so honored to be a haven of rescue even from depression."

Birthright was founded more than 45 years ago and has chapters in the United States, Canada and Africa. The center operates a 24/7 tollfree helpline at (800) 550-4900. The local number is (501) 664-0097.

### Immigrants find help navigating a new, unfamiliar home

rkansas has numerous town squares, or "zócalos" in Spanish, where people connect, share ideas and build community. The El Zócalo Immigrant Resource Center in Little Rock connects directly with immigrants, providing case management services ranging from health care to job searches and navigating the often-complicated bureaucracy that all of us face every day.

The grassroots organization, incorporated last year as a nonprofit, is working on securing its own permanent place for clients to come for help.

El Zócalo received muchneeded assistance this summer when St. Edward Church in Little Rock opened its youth ministry office for seven weeks as the organization's first physical space. The center operated four hours a day, four days per week.

That's where a \$2,000 grant from the Catholic Campaign for Human Development at Catholic Charities of Arkansas provided relief. The grant provided modest stipends to volunteers and covered emergency expenses for families.

"Our volunteers helped people with their challenges and we had educational/resource materials, clothing and food donations on hand," said Sara Mullally, El Zócalo director.

Mullally is a fulltime Spanish teacher for 1,000 elementary students in the North Little Rock School District. A Jonesboro native, she graduated in 2009 from the University of Central Arkansas with degrees in international studies and Spanish.

She spent two years as a fulltime volunteer at a shelter for immigrants in the Diocese of Austin, Texas, helping asylum seek-



**The El Zocalo Immigrant** Resource Center helped a couple and their five children this summer who lost their home during a tornado in Oklahoma and relocated to Little Rock.

ers navigate immigration court and she assisted immigrants who found themselves homeless or in a medical crisis.

"I helped them get information and needed support so it wasn't as scary an experience."

Her "passion" is to grow these services in Arkansas.

"Our goal is to help immigrants be self-sufficient, but if there's a crisis, they can come to us for help," she said.

The center's first clients this summer were a couple with five children who lost their home in an Oklahoma tornado and wound up in Little Rock, where they knew no one.

"Through our network of people, churches and service providers, we connected the family to more than \$1,000 in rent and emergency assistance," Mullally said. "The family is stable now and the kids are in school."

In another example, El Zócalo helped a St. Edward's family navigate the frustrating process of multiple bills from different health care providers, saving them money in the end. The grant allowed El Zócalo to provide support for families in need.

## Charity

#### Continued from page 7

Program (formerly called food stamps). For a family of four, the cuts meant a reduction of \$9 per week, about the cost of a single family meal.

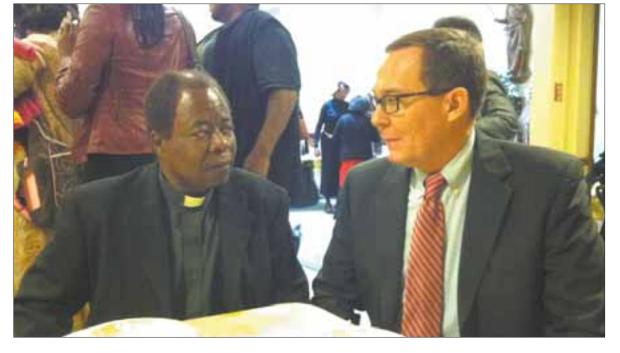
For the past several months, St. Peter and St. Augustine parishes have been developing, independently, food outreach programs to meet the weekend needs of the hungry in their own neighborhoods. Neither was aware of the plans of the USDA. Whether fortuitously, or by divine intervention, each parish developed plans to offer a weekend meal to fill the gap created by the SNAP cut.

On Nov. 2, St. Peter Church parishioners began their Saturday lunch program, inviting members of the community for a meal. On Nov. 3, St. Augustine Church parishioners initiated its Shepherd's Soup after their 11 a.m. Mass, inviting the community to share soup.

Both programs, to quote St. Augustine's Father Francis Damoah, SVD, show that "God puts us here to serve those who are hungry. We are not serving ordinary human beings, but God's children."

These and similar acts of charity are repeated in our diocese every day in parishes across the state. Keep reaching out, working together and helping as many as possible.

Catholic Charities of Arkansas Catholic Charities director Patrick Gallaher (right) visits with pastor Father Francis Damoah, SVD, in North Little Rock Nov. 3.



## 10 ARKANSAS CATHOLIC [ CATHOLIC CHARITIES ]

# How will Affordable Care Act affect free medical clinic?

#### Impact is unknown, but clinics will be open to meet needs

**By Karen DiPippa** Director, Westside Free Medical Clinic

e have had many questions about the impact the Affordable Care Act will have on the Westside Free Medical Clinic in Little Rock.

Our first answer is that we don't really know exactly how things will play out. We do know that the Westside Free Medical Clinic and most of the charitable clinics in the state will remain open as long as there are unmet health needs.

The second answer is multifaceted. Many of our patients will qualify for expanded care in the marketplace and qualify for federal subsidies and will receive the same level and perhaps more extensive care than the current Medicaid patients receive. This is a good thing.

However, there are several aspects to the proposed care for persons whose incomes are out of range for the subsidy, yet are still without affordable coverage. There are three main plans of care; bronze, silver and gold. An



Paul Barker / stock.xchng Westside Free Medical Clinic will remain open as long as there are unmet needs.

additional platinum level is available but is the most expensive of the tiers. For persons or families who choose a "bronze "or "silver" plan, persons will have to accumulate \$2,500 (silver plan) to \$5,000 (bronze plan) in health care costs before the insurance will help with the exception of preventative care, which does not require a deductible to be met and is 100 percent covered. However, for basic family practice and disease management. these deductibles are not possible for many persons. They will still need basic health care coverage, and we will be there for them. Our clinic will need to allow more insured or underinsured persons in the clinic.

Our immigrant population is not eligible for coverage since the coverage will not be available for persons without legal residency. Furthermore, the coverage may not be accessible for persons waiting on their documentation for residency or for children who were brought to this country as infants.

With health care as one of the basic tenets of Catholic social teaching, we will also be there for our immigrants. Our clinic's goal will be to retain and increase our volunteer interpreters and recruit additional bilingual providers.

Keep in mind the purpose of

the coverage and expansion is to give more uninsured persons access to medical care. As with many new systems, there are glitches to iron out. The technology glitch in the sign-up site could have been averted with a single payer system. It is the complexity of the bill involving the numerous insurance contactors that have complicated the process. However, single payer health insurance is a remedy that is a long way down the road and not on the table in this debate.

Unlike the national site, our state has been more successful in enrolling persons in the new plan. More than 58,000 persons have been enrolled in Arkansas. Even so, there will be a lapse between enrollment and the beginning of the coverage so this is not a foolproof system while people sign up.

Patients are often reluctant to try anything that involves paperwork so I anticipate people will not enroll as readily as the planners projected. We need to remember that Medicare D took a long time to enroll members and its glitches were just as cumbersome in the execution of the plans as the new marketplace process is at this time.

After enrollment, life events happen like the loss of a job, a new family member, an accident or health issues that temporarily affect one's insurance status. Westside will be there in this interim.

Lastly, our health costs are spiraling out of control. Now is the time to begin work on stage two - cost control — to ensure feasible health care for all of us: the insured, the newly insured and the hoping-to-be-insured. We will promote coverage first and then work on cost control to ensure the lowest cost for all of us.

For charitable clinics, we will be open to fill in the gaps as long as we are still needed.

For persons or families who choose a "bronze "or "silver" plan, persons will have to accumulate \$2,500 (silver plan) to \$5,000 (bronze plan) in health care costs before the insurance will help with the exception of preventative care, which does not require a deductible to be met and is 100 percent covered. However, for basic family practice and disease management, these deductibles are not possible for many persons. They will still need basic health care coverage, and we will be there for them.

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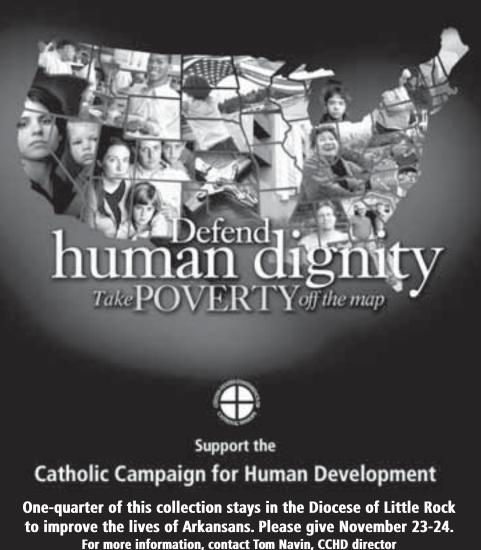
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for the Diocese of Little Rock, (501) 664-0340, ext. 336, or e-mail tnavin@dolr.org.

# Grants break down application fee barrier to young dreams

# Little Rock church aiding young adults who qualify for DACA but can't afford \$465 fee

hrough Catholic Immigration Services grants, some young immigrants are making their dreams come true. On June 15, 2012, President Barack Obama announced a new initiative to allow some young people to remain in the United States provided that they meet certain criteria.

In order to qualify for the "Deferred Action for Childhood Arrivals" (DACA) program, applicants must meet certain requirements, including be between the ages of 15 and 30, be in school, graduated from high school or obtained a GED, came to the United States prior to age 16, have been continuously residing in the United States since at least June 15, 2007, and must pass a criminal background check.

DACA does not confer lawful status upon an individual or provide a path toward citizenship. Instead, it simply allows certain qualified individuals who meet strict standards to receive a work permit and remain in the U.S. for as long as the program is in effect.

Catholic Immigration Services – Little Rock provides high-quality, low-cost immigration legal services and support to families and individuals who are eligible for immigration benefits, but who otherwise are unable to afford private representation because of the high cost. Its mission is to aid people in clarifying their legal status in the United States, and thereby to alleviate the related problems of family separation, economic victimization and social isolation.

The announcement of the DACA program provided the Little Rock office with an opportunity to help some of the estimated 5,000 young people who have grown up in Arkansas and may be eligible for DACA.

Director Maricella Garcia said, "We soon came to realize that there were many challenges for young people who apply for DACA — the most difficult being the cost of applying. Although CIS provides its services at low or no fee, the U.S. government set an application fee of \$465 a person and there are no fee waivers. Many families could only apply for one child and their other children would have to wait to apply."

Through grants from Catholic Legal Immigration Network and

the world to accomplish our daily

activities like work, church, or so-

cial events, and we often cross the

paths of people who have been

touched by adoption. Many of your

conversations could potentially be

with an adoptee, birth parent or

"The U.S. government set an application fee of \$465 a person and there are no fee waivers. Many families could only apply for one child and their other children would have to wait to apply."

Maricella Garcia, director of Catholic Immigration Services - Little Rock



CNS / Karen Callaway, Catholic New World

**Young immigrants and** their supporters gather for Mass at the Our Lady of Guadalupe Shrine in Des Plaines, Ill., in July 2012. During the service they gave thanks for the White House policy that aims to halt the deportation of undocumented young people brought into the United States as minors.

Christ the King Church in Little Rock, CIS has been able to assist some low-income families with the application fee. Seven young people have received fee assistance so far, and of those, two have already received their work permits.

The goal of DACA is to help otherwise qualified young people be able to work, go to college and give back to their communities.

"Our students who have re-

ceived fee assistance have very specific goals — one wants to become an elementary school teacher, another a pediatrician, and yet another, a social worker," Garcia said. "These young people want to help give back to the communities that they have grown up in and the country that they love. And they are extremely grateful for the opportunity to have received assistance from these organizations to help them achieve their dreams."

One student stated, "Without this scholarship we could not afford to apply but with your help DACA will change my life because I will be able help support my family and go to college to improve my opportunities."

To inquire if you qualify for DACA and the grant, contact Catholic Immigration Services at (501) 664-0340.

## Thoughtful words spread healthy attitudes about adoption

National Adoption Month a good time to think about it

**By Rebecca Jones** Child Placement Specialist

Adoption Month and we are committed to reaching out in Arkansas with a supportive message for adoption.

Catholic Adoption Services is joining with Arkansas Right to Life who is partnering with numerous agencies across the state to fund television ads through the Choose Life Adoption License Plate Grant. We hope these commercials will encourage positive dialogue in our state about adoption as a resource for creating healthy, happy families.

We never know all the circumstances that affect the people around us. Every day we enter



Jason Nelson / Stock.xchng

adoptive parent — and an opportunity for you to be supportive of adoption.

We always encourage our clients to be careful with their words when they meet potential birthparents or adoptive parents, but it is someWhen we call a birthparent the "real" parent, that can be hurtful to an adoptive parent who is and feels like a very "real" parent to their child.

thing we could all consider. There are many instances where changing a single word in a sentence can make a world of difference to the person hearing it.

For example, when we call a birthparent the "real" parent, that can be hurtful to an adoptive parent who is and feels like a very "real" parent to their child. The same applies if we ask if a child is their "real" child, as it implies a child might be of secondary importance. There are a number of terms that are casually used to describe adoption that may not be the best choice of words.

You never know who might have placed a child for adoption, so it's helpful to avoid words that have a negative feeling to them and use positive ones to prevent unintended slights. When we talk about birthparents that place a child for adoption it is important not to use words like "give up" or "give away." We "give up" bad habits and failed projects, not children. We also "give away" things we no longer have a use for, which is not the same as choosing the right family for a child.

When we say a child was the result of an "unwanted" pregnancy, one could instead use the word "unplanned." A child is a precious gift. While a mother may not have planned for that child and may be unable to care for him or her, the child is loved.

Join us in celebrating National Adoption Month and in promoting healthy ideas and attitudes about adoption in our community.

# Remembering why we ask for St. Nicholas Partners

### Donations allow Catholic Charities to give direct help

#### By Rebecca Cargile

Development and Social Ministry Director

ach year I write a short piece on St. Nicholas Partners for November's Catholic Charities Connections section of *Arkansas Catholic*. Each year I use phrases such as "help raise funds to support our programs" or "provide direct assistance to those in need."

Now I wonder if I have written them so often that I still bother to think about what they imply. Do I feel connected to what I say? Do I try too hard to put things delicately? Is something lacking?

I decided that something is lacking. What is lacking is a straightforward reminder of exactly how many people in Arkansas are poor. Why is Catholic Charities needed? Look at these Arkansas statistics taken from Poverty USA.

- State Ranking: 4
- Overall Poverty Rate: 19.5 per-

cent ■ Deep Poverty Rate (an income of 50 percent or less of the federal poverty level): 7.9 percent ■ Child Poverty Rate (under 17):

28.1 percent

■ Senior Poverty Rate (65 and older): 10.5 percent

■ Poverty Rate for People with Disabilities: 24.6 percent

Poverty Rate for Lee County: 35.2 percent

More than one quarter of the children in Arkansas live in poverty. Do we need a greater call to action?

Since 2006, Catholic Charities has used St. Nicholas Partners to raise approximately \$90,000 to help people who are poor. We continue the tradition this year.

In the Nov. 30 issue of Arkansas Catholic, there will be an envelope containing this year's St. Nicholas Partners card. There is also a small donation envelope that lists the programs of Catholic Charities. These are the programs that have direct, personal contact with the people they serve. I emphasize this because not only should we care for the poor, we should do so with love and compassion, recognizing the human dignity of each person and treating each with the respect that should be shown to any child of God.

Christmas is here and, again, I

ask you to please make a donation to St. Nicholas Partners. As always, your donation can be given in the name of a friend or family member you wish to honor. At your request, we will happily send them an acknowledgement of your gift.

I know the reason for the season is Jesus' birth. Still, I look forward to parties, gratuitous shopping, family feasts, and to giving gifts. I think most people do. Looking at the statistics above makes me realize that there are possibly 575,080 people who won't get to do most of those things. It also indicates to me that there are possibly 575,080 people to whom I am not listening enough, about whom I am not thinking enough, and from whom I am not learning enough.

Thanks to Katherine Verdaris, a junior at Mount St. Mary Academy, for creating and contributing artwork for St. Nicholas Partners. Several aspects of St. Nicholas' life inspired her beautiful depiction, such as his role as patron saint of sailors. The striking colors (cut paper) and the unexpected choice of symbols to represent the saint are refreshing. Katherine quoted C.S. Lewis: "Art has no survival value; rather it is one of those things that give value to survival."



