

## Meetings

### MARK YOUR CALENDARS:

Meetings are monthly: every 2nd Thursday  
5:30 p.m. Mass  
6:00 p.m. – 7:30 p.m. Meeting

Catholic Diocese of Little Rock  
Fletcher Hall Chapel:  
Mass/Rosaries/Chaplets  
Fletcher Hall Music Room: Meetings  
2500 N. Tyler St., Little Rock, AR 72207

Call ahead to check  
for changes to schedule:  
501-960-0421

- The heart of Calix is the monthly Mass at which members receive Holy Communion.
- Meetings are held one time a month after the Mass.
- Light refreshments are served for each meeting.
- Every Calix function opens with prayer and the Calix Credo.
- Discussion topics include: spiritual reflections on the A.A. or Al-Anon step of the month or member chosen spiritual topics. These positive discussions, called "Why Calix", center on HOW SPIRITUAL GROWTH IMPACTS THEIR SOBRIETY OR THEIR RECOVERY IN AA or AL-ANON rather than negative discussions more commonly heard at some A.A. meetings. Optionally, the group may choose to invite a guest speaker.
- Meetings conclude with prayer.
- Calix International hosts a Convention each year in a different U.S. city and is open for all members to attend.

## Membership

- Calix membership fee to the International office (St. Paul, MN) is \$25 per year. Membership fee is optional but encouraged.

The fee entitles the member to the bimonthly newsletter, web site extras (articles, audio items, bulletin board, etc.) and supports the office which is very much like GSO (General Service Office) is to A.A. The office produces the newsletter, keeps the archives, supplies literature and books, and is the central communication link between the Board of Directors and the units. The International office is staffed solely by volunteers.

- Member must be maintaining sobriety as part of A.A. or other 12-step program.



### Calix Society of Central Arkansas

Catholic Diocese of Little Rock  
2500 North Tyler Street  
Little Rock, AR 72207

### Diocesan Liaison

Phone (501) 664-0340 vx352  
Fax (501) 664-9075  
E-mail: [calix@dolr.org](mailto:calix@dolr.org)

### The Calix Society International

E-mail: [Calix@usfamily.net](mailto:Calix@usfamily.net)  
Website: [www.calixsociety.org](http://www.calixsociety.org)

# CALIX SOCIETY OF CENTRAL ARKANSAS

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## Informational Brochure

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Providing Catholic support for  
Alcoholics and their Families.

*"Trust in the Lord with all your heart."  
Proverbs 3:5*



## Welcome

You have found a friend. We are often called the “best kept secret in the Catholic Church” despite our best efforts of trying to spread the word since our beginning in 1947. There is no secret in the Calix approach. The heart of Calix is prayer and the sacraments, supplying “faith with virtue” (Peter 2-1). That’s how it started, and that is basically what it remains.

We offer help on the road to quality sobriety. Calix (Latin for “Chalice” and commonly pronounced \ 'kāy-lics\ is not a substitute for A.A./Al-Anon or other 12-step program. In fact, faithful attendance at A.A. or Al-Anon meetings or other 12-step program is strongly recommended. This is definitely no attempt to establish a Catholic A.A./Al-Anon.

However, as Christians we often feel our response to the 11<sup>th</sup> step is less than satisfactory. It is in this area that Calix can offer a positive program – one that not only applies to all the steps but also leads us to a better understanding of our “Higher Power”, who for us is Jesus Christ. “He is the key that opens all the hidden treasures of God’s wisdom and knowledge.” (Col. 2-3)

The Calix Society International and all units are Catholic and each are led by a priest who serves as Spiritual Director, but its membership is open to all faiths including family and friends who are affected.

## History

On a Sunday morning in August, 1947, five men knelt to pray in a private dining room of a small cafe in downtown Minneapolis. On the table before them was a statue of the Blessed Virgin Mary. They were Catholic men begging the Mother of God to assist them in their terrifying struggle against alcoholism.

That morning they attended Mass together, received Holy Communion, and now were enjoying the camaraderie of breakfast and a good talk. After a brief business meeting they read a short meditation and then discussed how it applied to their common problem. This was the first meeting of Calix.

The men knew that even the strongest resolve could vanish unless reinforced with a firm, persistent practice of the faith. The Catholic alcoholic must seek and use the grace of God to achieve complete self-victory. He must have precise guidance and practical help in applying the Christian virtues to his problems.

Thus Calix was founded. As the membership grew, the aims and helps were broadened and deepened.

Branches of Calix began in other cities and towns. Sixteen years later, it grew to 40 units in 4 countries worldwide.

Calix Society of Central Arkansas was founded on March 12, 2012 and is supported by the Bishop of the Catholic Diocese of Little Rock. Meetings are held at St. John’s Catholic Center in Little Rock.

## How it works spiritually

- The heart of Calix is prayer and the sacraments, supplying “faith with virtue” (Peter 2-1). That’s how it started, and that is basically what it remains.
- Calix gives the Catholic alcoholic an opportunity to render heartfelt gratitude to almighty God, to whom by God’s Grace the alcoholic owes his/her freedom from addiction, through monthly Communion and Holy Hours.
- Calix offers help on the road to quality sobriety. According to its literature: “The first defined purpose of the Calix Society is to interest Catholics with an alcohol problem in the VIRTUE of total abstinence.”
- Calix is no substitute for A.A./Al-Anon or other A.A. based 12 step program. Members of Calix must be maintaining their sobriety through A.A. or their A.A. based 12 step program. Faithful attendance to A.A. or A.A. based 12 step program is strongly recommended. Calix in fact is the amplification of the eleventh step to recovery in A.A., a step which calls for individual spiritual development.

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*The ultimate goal of Calix is to lead members back to the rich sacramental life of the Catholic Church for it is in the Eucharist that we truly meet our Higher Power, our Lord Jesus Christ.*